



Welcome to Oak Street Health





Getting started at Oak Street Health includes a **New Patient Visit** followed by a **Health Review Visit**. Each one plays an important role in setting you up for success.

① Your New Patient Visit

② Your Health Review Visit

1. New Patient Visit

Your **New Patient Visit** is the first step to becoming an Oak Street Health patient. We'll explain how care works here, and you can ask questions and share what's on your mind.

What to expect

- ✓ Meet your provider and care team
- ✓ Go over your Medicare and insurance benefits
- ✓ Talk about your health history and goals
- ✓ If you choose to become a patient, we'll guide you through the process to update your primary care provider on your insurance



What to bring to your **New Patient Visit**

- ☐ Photo ID
- ☐ Medicare card and insurance card
- ☐ A list of past and current medications, including vitamins/supplements
- ☐ A list of past and current doctors and specialists, including their contact information
- ☐ Name and address of your preferred pharmacy

What happens next

-  We will get your medical records from past doctors and specialists
-  We will help to schedule your next visit: this is your **Health Review Visit**



2. Health Review Visit

Your **Health Review Visit** is an important checkup. During this appointment, your provider will take a complete look at your health and you'll have time to share any questions or concerns.

What to expect

- ✓ Receive a physical exam if needed
- ✓ Review your medications with your provider
- ✓ Talk about any long-term conditions you may have
- ✓ Discuss any vaccines, screenings, or tests you may need
- ✓ Talk about next steps



What to bring to your **Health Review Visit**

- ☐ Photo ID and insurance cards (if anything has changed)
- ☐ A list of new symptoms or concerns
- ☐ Any changes to your medications

What happens next

-  We will help coordinate your care, including scheduling your visit, if needed, before you leave
-  We will coordinate any follow-up care, tests, or referrals you may need



Helpful tips to help you get the most out of your visit

Preparing for your visit

- ☐ Write down any questions you might want to ask
- ☐ Bring any health trackers (glucometers, blood pressure logs, etc.)
- ☐ Ask someone to come with you to help you feel more relaxed

During your visit

- ☐ Talk about your medications and any concerns with side effects
- ☐ Share any allergies, prior surgeries, or emergency room visits
- ☐ Let your provider know about any recent tests or screenings
- ☐ Talk about your health goals and what you'd like to improve

