

# Johnson & Johnson/ Janssen Vaccine

## Vaccine Background

The Janssen vaccine is approved for those 18 years and older.

## Vaccine Administration

- You receive the vaccine as a shot in the upper arm.
- You receive the vaccine in one dose.
- **Booster shots are recommended 2 months after your primary dose.**

## Allergens Not Included:

Eggs, latex, metals, and preservatives are not ingredients in the Janssen COVID-19 vaccine.

## Who Shouldn't Get the Janssen Vaccine:



You should not receive this vaccine if you are under 18 years of age.



You should not receive the vaccine if you have experienced a mild, severe or immediate reaction to:

- Any mRNA vaccine (including the first dose of Pfizer's COVID-19 vaccine)
- Polyethylene glycol (PEG)
- Polysorbate



An immediate reaction means experiencing the following within four hours of receiving a vaccine:

- Hives
- Swelling
- Wheezing

## Common Side Effects:

In the arm:

- Minor swelling
- Pain
- Irritation/redness

Throughout Body (common after the second dose):

- Chills
- Mild fever
- Tiredness
- Headache

When side effects occur:

- One to two days after getting a vaccine dose.
- These effects should only last a few days maximum.
- **If severe side effects occur or moderate side effects persist for longer than a few days, you should contact your doctor.**

## Vaccine Doses:

Date	Vaccine Name	Dose