

Adult Immunization Schedule

COVID-19 Vaccine

- One vaccine cycle and subsequent boosters
- Available vaccines:
 - ✓ Moderna
 - ✓ Pfizer
 - ✓ Johnson & Johnson's Janssen
 - ✓ Novavax

Measles, Mumps, Rubella, and Varicella (MMRV) Vaccine

- Two doses
- If you did not receive the vaccine as a child, receive it as an adult, unless you're:
 - ✓ Pregnant
 - ✓ Immunocompromised
 - ✓ Over age 65

Hepatitis B Vaccine

- One dose, unless you're:
 - ✓ Traveling to areas with high-risk Hepatitis B exposure
 - ✓ Incarcerated

Tetanus, Diphtheria, Pertussis (TDAP Vaccine)

- One dose and subsequent boosters every 10 years, unless you're:
 - ✓ Pregnant
 - ✓ Wounded

Zoster (Shingles) Vaccine

- Two doses, separated by 2-6 months
- Recommended for those 50+.

Pneumococcal Conjugate Vaccine

- One to two doses depending on vaccine type
- Recommended for those 19+.

Human Papillomavirus (HPV) Vaccine

- Two to three doses, unless:
 - ✓ You're pregnant.
 - ✓ You're over 45 years old.

Seasonal Flu/Influenza Vaccine

- One dose, annually
- Vaccine administration:
 - ✓ Injection into upper arm
 - ✓ Nasal spray

Special Circumstance Vaccines

- Speak with your doctor to see if these vaccines may be necessary for you:
 - ✓ Meningococcal A, C, W, Y
 - ✓ Meningococcal B
 - ✓ Haemophilus Influenzae B: protects against meningitis, bronchitis and ear infections.