

Stroke Warning Signs

One way to quickly determine a stroke is by referencing the B.E. F.A.S.T test:

1



Balance

Can they balance or are they dizzy?
Are they walking differently?

2



Eyes

Can they see out of both eyes or is their vision blurry?

3



Face

Is their face numb or drooping? Ask them to smile—if half of their face droops or doesn't move, this could indicate a stroke.

4



Arm Weakness

If one arm is weak or numb, ask the person to raise their arms. Does one arm drift downward?

5



Speech Difficulty

Is speech slurred? Do they experience sudden confusion about what is being said?

6



Time to Call 911

If a person is experiencing these symptoms, call 911 immediately.

***Other potential signs include sudden severe headache or confusion.**